Abundant Table — Pine Street Inn
Sample Menus

Hot Lunch

Chicken Noodle Soup	Minestrone Soup	Creamy Black Eye & Vegetable Soup	Ginger Carrot Soup	Corn and Black Beans Soup	NE Clam Chowder	Italian Wedding Soup
Baked Ziti with Meat and Sauce	Baked Fish du Jour with Sauce and Lemon	Baked Turkey with Gravy and Cranberry Sauce	Braised Beef Steak in Sofrito Sc. w/ Vegetables	Texas Style Grilled Cuban Sandwich	Braised Chicken Breast in Mushroom Onion Demiglace	American Chop Suey with Sauce
Garlic Rolls	Vegetable Rice	Bread Dressing	Yellow Rice with Peas	Potato Chips	Baked Potato with Sour Cream	Green Beans and Carrots
Broccoli and Carrots	Zucchini with Tomatoes and Onions	Peas and Pearl Onions	Whole Green Beans	Corn on the Cob	Summer Squash Sauté	Tossed Salad
Tossed Salad			Fresh Fruit	Fresh Fruit Salad		

Hot Dinner

Baked Chicken with Gravy	Italian Three Meats Bolognaise Sc.	Caribbean Pork Stew	BBQ Chicken Leg	Baked Ham with Sauce	Texas Style Beef & Beans Chili, Steamed Rice	Turkey Loaf with Gravy
Mashed Potatoes	Spaghetti	Rice and Beans	Potato Salad	Macaroni and Cheese	Corn O'Brien	Scalloped Potatoes
Garden Blend Vegetables	Italian Green Beans	Mixed Vegetables	California Blend Vegetables	Baked Beans Tossed Salad	Chilled Fruit	Peas and Carrots, Chilled Fruit

Cold Breakfast (Available Daily)

Bagels or English Muffin (with Cream Cheese or Butter)
Assorted Cold Breakfast Cereals
Muffin or Danish
Banana
Milk and/or Juice

Hot Breakfast

Pancakes w/ Syrup, B/fast Turkey Sausage	Scrambled Eggs w/ Corned Beef Hash Wheat Bread	Waffles with Syrup, B/fast Turkey Sausage	Scrambled Eggs with Turkey Bacon Blueberry Muffin	French Toast with Syrup Beef B/fast Sausage
Orange	Apple Juice	Sliced Peaches	Orange	Banana
Milk	Milk	Milk	Milk	Milk

Bagged Lunch

Chicken Salad Sandwich	Turkey Sandwich	Roast Beef Sandwich	Chicken Breast Sandwich	Smoked Turkey Sandwich	Tuna Salad Sandwich	Turkey Pastrami Sandwich
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Snack	Snack	Snack	Snack	Snack	Snack	Snack
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert